

Options

Do You Know Your Options for Long Term Care?

Are you seeking help for aging parents?

Are you the caregiver of an individual with developmental disability?

Do you want to know more about resources available in your community?

Do you have a disability and need resources to live independently?

Do you need help in navigating the maze of services?

Are you looking for alternatives to a nursing home?



Information



Georgia
Department of Human Services
866.552.4464
www.georgiaadrc.com

The Aging & Disability Resource Connection is administered by the Georgia Department of Human Services Division of Aging Services in partnership with the Department of Behavioral Health and Developmental Disabilities.

Your Local ADRC is:



1105 Palmyra Road
Albany, Georgia 31701
229.432.1124 800.282.6612
www.sowegacoa.org



Georgia's



Your
“One-Stop Shop”
for Information & Resources
To Help You Stay In Your
Home!



Success Story

The story is all too familiar to our ADRC specialists. Nora has a brother with a developmental disability and their mother is his caregiver. When it became difficult for Nora's Mother to care for herself and her son, they both moved into an assisted living home. Then Nora's Mother died and she became responsible for her brother's care - without any preparation, instructions, or direction. "It was just overwhelming," Nora said as she described the frustrating process of trying to find out information and get direction. A phone call to the ADRC changed all that. With the assistance of the ADRC specialist, Jeff now has a Medicaid waiver and lives in a group home not far from Nora, who has become an outspoken advocate for change.

Navigating the Maze

Let Us Help You

- **Assistive Technology**
- **Benefits Counseling**
- **Eligibility Screening**
- **Employment Options**
- **Family Caregiver Assistance**
- **Futures Planning**
- **Housing**
- **How to apply for Services/ Benefits**
- **Medicaid Waiver Programs**
- **Medicaid/Medicare**
- **Options Counseling**
- **Prescription Drug Assistance**
- **Private Pay Services**
- **Transportation**



More stories

A phone call to the ADRC initiated Nathan's move from being homeless and depending on relatives to moving into an apartment and caring for his young son on his own. With support, this young man with a traumatic brain injury since childhood, wants to show his son that "Daddy has disability problems" but is "still willing to learn" and show you can be "all you can be."

